

Lancer High School OPENER

MOUNT MARTY UNIVERSITY - RUTH DONOHUE FIELDHOUSE

March 23RD, 2021

Field Events

10:00am Long Jump (Girls followed by Boys)
Triple Jump (30min after Long Jump)
10:00am High Jump (Boys followed by Girls)
10:00am Pole Vault (Girls followed by Boys)
10:00am Shot Put (Girls followed by Boys)



Running Events- will not go ahead of schedule Girls followed by Boys

11:00am 4x800 relay
11:30am 60 Hurdle Prelims
11:45am 60 Dash Prelims
12:00pm 1600
12:30 60 Hurdle Final
12:35 60 Dash Final
12:45 400
1:15 800
1:45 200
2:15 3200
2:45 4x400 Relay